Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Monday 07 Mar 2022 until 23:59 on Tuesday 08 Mar 2022

Forecast Issued on Monday 07 Mar 2022 at 00:18 by Met Office Aberdeen

Confidence: High for Monday and Tuesday. High for a change to more unsettled weather from Wednesday onwards but low for detail.

Headline for Monday 07 Mar 2022: Dry and bright with cold winds

Mountain weather hazards on Monday 07 Mar 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales Low Likelihood	**Severe chill effect** High Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Sunny intervals	Sunny intervals	Sunny	Clear night	Clear night
Precipitation probability					
00%	00%	00%	00%	00%	00%

Forecast for Monday 07 Mar 2022

Weather: Dry throughout with lengthy clear or sunny periods. Some thin, patchy cloud on southern upslopes.

Chance of cloud-free hill tops above 800m: 90%

Low cloud and visibility: Generally good, some patchy cloud around 750 metres at first otherwise summits mostly free of cloud.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Monday 07 Mar 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	45/54 S	35/42 S	31/39 S	24/30 S	19/24 S	22/28 SE	22/27 SE
900	45/54 S	33/40 S	29/36 S	23/29 S	17/23 S	18/24 SE	18/23 SE
600	31/40 SW	25/33 S	24/31 S	19/24 S	14/20 S	14/19 SE	15/21 SE
300	7/32 SW	3/23 SW	5/24 S	4/18 S	2/14 S	2/11 SE	2/10 SE
Glen	1/9 NW	4/12 SW	4/11 SW	7/15 S	6/14 SE	5/13 SE	5/14 E

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	-2/-13	-2/-12	-1/-10	0/-7	0/-6	-0/-7	-2/-10
900	-2/-12	-2/-10	-1/-8	1/-6	1/-5	0/-6	-2/-8
600	0/-8	0/-7	2/-4	3/-2	3/-2	2/-3	1/-4
300	2/-1	2/1	5/4	6/5	4/2	2/1	1/-1
Glen	3/1	4/3	7/6	9/7	6/4	5/3	4/2
Freezing Level*	400m	500m	600m	600m	600m	500m	400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing to add

Forecast for Tuesday 08 Mar 2022
Weather: Dry for most of the day with clear or sunny periods, best of the sunshine in the north of the area. Rain, with snow above 600 metres, spreading from the southwest in the evening.

Maximum wind: Gusty south or southeasterly winds reaching 50 mph at times on summits

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Generally very good, some patchy cloud above 750 metres. Becoming poor in low cloud down to 600 metres as rain and snow extend northeast in the evening.

Temperature: **Glens:** Minus 2 rising to 6 Celsius
At 800m: Minus 3 rising to 1 Celsius
Freezing level: 200 metres rising to 800 metres late afternoon and 1000 metres by late evening

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